



Inspirational Solution-Based Training

PARENTS

TEACHER

PUPILS

PRACTITIONERS

Lorraine Lee Training is an inspirational training provider offering workshops, seminars and lessons for teachers, practitioners and support staff. All sessions include front-led input, discussion time and space for questions.

Training For Independent School Teachers

Knowledge and insight into children's behaviour, emotions and learning processes is crucial to helping every child to reach their own unique potential year on year.

The sessions listed below provide staff with fresh understanding about the children they teach and care for. The content increases staff confidence, personal resources and skills whilst teaching and dealing with everyday school situations.

Understanding Children's Emotional Needs

- The complexities of children's emotions during a school day
- What happens in the brain when emotions escalate?
- How to effectively deescalate emotions and help children re-engage in learning

Managing Challenging Classroom Behaviour

- Discussion about challenging behaviour: It's objective for the child and the impact on the class
- Positive methods and approaches for managing challenging and disruptive behaviour
- Helping children learn from their behaviour and move forward

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Eventbrite

Delivering Inspirational Brain-Based Lessons

- Using developmental information to determine the key components of a lesson
- Good lesson openers and mid-point activities
- Cementing learning and concluding lessons well
- Signposting progress

Understanding Puberty & The Effects On Learning (yrs 5&6)

- The impact of puberty on children's thinking, emotions and motivations and ensuring these changes do not interrupt learning

Helping Anxious Children

- Understanding the process of anxiety and how it operates in the brain
- Providing children with strategies for avoiding or coping with anxious moments
- Vocabulary to minimise anxiety
- Actions to support a child through an anxious episode

Building Confidence & Resilience

- Understanding what builds confidence at each stage of development
- Exploring the link between self-esteem, confidence and recovering from set-backs
- Helping children not to compare themselves with each other

Creating Motivation & Ambition

- Helping children to understand just how capable they are
- Helping children to set and achieve their personal goals
- Helping children to use mistakes as a springboard for learning and progress