

## Inspirational Solution-based Training

PARENTS

TEACHERS

PUPILS

PRACTITIONERS

Lorraine Lee Training is an inspirational training provider offering workshops, seminars and lessons for parents, teachers and pupils. All sessions include front-led input, discussion and time for questions.

### WORKSHOPS FOR SENCO AND ELSA ROLES

These sessions can be delivered as part of a staff INSET day or tailored to suit a staff / cluster meeting. They are differentiated for age depending on the age range of children being considered.

- **Increasing the emotional literacy of pupils**
- **Helping pupils re-wire their thinking to manage anger and frustration**
- **Helping pupils manage worry and anxiety at school**
- **Helping pupils manage the impact of friendships on emotions and learning**
- **Boosting confidence and self-esteem in pupils**
- **Helping pupils self-regulate and be successful at secondary school**
- **Managing classroom behaviour challenges positively**
- **Reengaging pupils in learning**
- **Changing the way pupils see their future**
- **Managing strong, influential groups of children**
- **Working with parents to improve outcomes for children**
- **Bespoke sessions can also be delivered**