

Inspirational Solution-based Training

PARENTS

TEACHER

PUPILS

PRACTITIONERS

Lorraine Lee Training is an inspirational training provider offering workshops, seminars and lessons for parents, teachers and pupils. All sessions are interactive, dynamic and very engaging.

INSET DAYS FOR KEY STAGES 3 & 4

Over that last decade brain research has produced considerable advances in our understanding of the adolescent / teenage stage of development. This knowledge can have a huge positive impact on families, children, teaching and schools.

The aim of the Teacher Training Sessions is to unpack some of this new information in a way that is relevant to the particular teaching or learning environment

Below is a list of relevant topics and an outline of their content. All sessions include both front-led input and discussion time. In addition there is space for reflection on how the information can be implemented into specific school situations.

Understanding The Incredible Adolescent Brain Changes

- Key changes in brain capability and structure during adolescence
- Impact of these changes on emotions, relationships with adults and behaviour

Utilising Boy / Girl Brain Tendencies To Facilitate Learning

- A detailed look at some differences in learning tendencies that emerge during adolescence and originate in the brain
- Male and female emotional agendas for 11-16 year olds
- How these differences affect learning and teaching

Managing Classroom Challenges

- Impact of young people's peer group on their classroom persona
- Challenging classroom behaviour: It's objective for the child and impact on the class
- Positively and effectively dealing with challenging behaviour
- Maintaining a respectful classroom environment

Motivating & Preparing Young People For Exams (Years 10 & 11)

- Positioning exams effectively to generate positive action
- One to one conversations to empower and motivate young people
- Helping young people to

Helping Young People Manage Anxiety

- Understanding anxiety and how to spot signs that a child is not coping
- Helping children deal with anxiety episodes
- Providing coping strategies so that children can function and engage in learning

Helping Young People To See Their Future

- Emotions that act as barriers to perceiving the future
- Helping young people set aspirational goals for themselves and evaluate the stepping stones required to meet them

Engaging Parents

- The role of parents in adolescent learning
- Connecting with 'hard to reach' parents
- Using parental engagement to move children forward in their learning

Coaching Conversations With Male & Female Pupils

- Why 'coaching' conversations are necessary for young people
- When and where to have these discussions
- Essential ingredients for an effective coaching conversation with pupils