

Inspirational Solution-based Training

PARENTS

TEACHER

PUPILS

PRACTITIONERS

Lorraine Lee Training is an inspirational training provider offering workshops, seminars and lessons for parents, teachers and pupils. All sessions include front-led input, discussion and time for questions.

INSET DAYS FOR KEY STAGES 1 & 2

Knowledge and insight into children's behaviour, emotions and learning processes has increased drastically over the last few years.

The sessions listed below provide staff with fresh understanding about the children they teach and care for. The content will increase confidence, personal resources and skills whilst teaching and dealing with everyday school situations.

Understanding Children's Emotional Needs

- The complexities of children's emotions during a school day
- What happens in the brain when emotions escalate
- How to effectively calm children down and re-engage them in learning

Managing Classroom Challenging Classroom Behaviour

- Discussion about challenging behaviour: It's objective for the child and the impact on the class
- Methods and approaches for positively dealing with challenging and disruptive behaviour
- Helping children learn from their behaviour and move forward

Delivering Dynamic Brain Based Lessons

- Using developmental information to determine the key components of a lesson
- Good lesson openers and mid-point activities
- Cementing learning and concluding lessons well

Understanding Puberty & Effects On Learning in years 5&6

- The fundamental cognitive changes that affect behaviour, emotions and attitudes once puberty begins
- Ensuring these changes do not interrupt learning

Engaging Parents

- The role of parents in facilitating learning
- Reaching 'hard to engage' parents
- Using parental engagement to move children forward in their learning

Helping Anxious Children

- Understanding the process of anxiety and how it builds in the brain
- Providing children with strategies for avoiding or coping with anxious moments
- Actions teachers can take to minimise the triggers for anxiety
- What teachers can do to help a child in an anxious episode

Building Confidence & Resilience

- Understanding what provides confidence at different stages of development
- Exploring the link between self-esteem and confidence
- Helping children and young people maintain both self-esteem and confidence in the face of set-backs